

CREW

BINGO CHALLENGE



Someone walking a tiny dog	Smell fresh bread or coffee	Smile at a stranger	Sit in the sun for a few minutes	Sees a pigeon that looks like it's in charge of the park
A person wearing a really bright outfit	Hear a bird chirping loudly	Hold the door open for someone	Hear someone talking to their pet like it's a person	Write a new ending for a story you've just read
A toddler dramatically refusing to leave	Catch a whiff of strong perfume	YOUR OWN CHOICE	Spot a person carrying an absurdly large bag	Overhear a conversation that sounds like a mystery plot
A squirrel doing something suspicious	Feel a breeze that makes you zip up your jacket	Compliment someone's outfit	Notice someone walking while texting	A dog that looks like its owner
A person reading an actual book (no device)	Hear someone laughing really loudly	Order a treat for yourself	Borrow a book from a library	Take a deep breath and actually notices how the air smells

Need a little motivation to get out of the house? Take this bingo card on your next low-energy outing, whether you're at a park, a coffee shop, or just people-watching from a cozy bench.

The goal? Simply observe the world around you and see how many squares you can check off!